

# Silar<sup>®</sup> MICROWAVE GRILL & FLATSTONE

“Changing the Speed-Quality Cooking Paradigm”



## RECIPE Grilled Panini Sandwich Merrychef 402S With Silar<sup>®</sup> GR-1112M

### IMPORTANT INFORMATION

The Silar<sup>®</sup> Microwave Grill is made of a high technology ceramic composite that works by absorbing microwaves and converting those microwaves into heat. To get the maximum benefit from the Silar<sup>®</sup> Microwave Grill, multi-stage cooking is essential in your 402S.

The multi-stage program we provide is tested and delivers excellent results in the 402S.

When Silar<sup>®</sup> Technology products are in the Merrychef 402S, typically more microwave energy is required to achieve the best cooking results. More microwave energy means faster cooking times, and, when utilizing Silar<sup>®</sup> Technology products, higher quality foods in taste, presentation, and texture.

### Grilled Panini Sandwich

- Thinly sliced turkey, ham or pastrami
- Sliced Provolone, Swiss, or American cheese
- Sliced bread: Rye, sourdough bread, or multi-grain
- Mayonnaise and/or mustard
- Lettuce and tomato

Spread each bread slice with dressings. Layer bread slices with sliced meat and cheese. Place both slices into the oven face up. Grill according to the multi-stage program below. If desired, add lettuce and tomato after removing grilled sandwich from oven. Serve with a dill pickle spear and chips, or the garnishments of your choice.

Program Temperature: 525 °F

Total Time: 1:10

<i>Oven Multi-Stage Programming:</i>	Stage 1	Stage 2	Stage 3	Stage 4
Time (s)	10	25	10	25
Fan (%)	30	20	90	50
Power (%)	0	70	10	10

*Some minor adjustments to time and microwave energy may be required based on your choice of food ingredients.*

For more information, visit the Applications Tab at [www.silarwave.com](http://www.silarwave.com)